

Please click on each year group to see the break down of lessons for that year.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>EYFS: Reception</b>	<a href="#">Self regulation: My feelings</a>	<a href="#">Building relationships: Special relationships</a>	<a href="#">Managing self: Taking on challenges</a>	<a href="#">Self-regulation: Listening and following instructions</a>	<a href="#">Building relationships: My family and friends</a>	<a href="#">Managing self: My wellbeing</a>
<b>Year 1</b>	<a href="#">Introduction lesson</a> <a href="#">Family and relationships</a>	<a href="#">Family and relationships</a> <a href="#">Health and wellbeing</a>	<a href="#">Health and wellbeing</a> <a href="#">Safety and the changing body</a>	<a href="#">Safety and the changing body</a> <a href="#">Citizenship</a>	<a href="#">Citizenship</a> <a href="#">Economic wellbeing</a>	<a href="#">Economic wellbeing</a> <a href="#">Transition lesson</a>
<b>Year 2</b>	<a href="#">Introductory lesson</a> <a href="#">Family and relationships</a>	<a href="#">Family and relationships</a> <a href="#">Health and wellbeing</a>	<a href="#">Health and wellbeing</a> <a href="#">Safety and the changing body</a>	<a href="#">Safety and the changing body</a> <a href="#">Citizenship</a>	<a href="#">Citizenship</a>	<a href="#">Economic wellbeing</a> <a href="#">Transition lesson</a>

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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Year 3</b>	<a href="#">Introductory lesson</a> <a href="#">Family and relationships</a>	<a href="#">Family and relationships</a> <a href="#">Health and wellbeing</a>	<a href="#">Health and wellbeing</a> <a href="#">Safety and the changing body</a>	<a href="#">Safety and the changing body</a> <a href="#">Citizenship</a>	<a href="#">Citizenship</a>	<a href="#">Economic wellbeing</a> <a href="#">Transition lesson</a>
<b>Year 4</b>	<a href="#">Introductory lesson</a> <a href="#">Family and relationships</a>	<a href="#">Family and relationships</a> <a href="#">Health and wellbeing</a>	<a href="#">Health and wellbeing</a> <a href="#">Safety and the changing body</a>	<a href="#">Safety and the changing body</a> 	<a href="#">Citizenship</a>	<a href="#">Citizenship</a> <a href="#">Economic wellbeing</a> <a href="#">Transition lesson</a>
<b>Year 5</b>	<a href="#">Introductory lesson</a> <a href="#">Family and relationships</a>	<a href="#">Family and relationships</a> <a href="#">Health and wellbeing</a>	<a href="#">Health and wellbeing</a> <a href="#">Safety and the changing body</a>	<a href="#">Safety and the changing body</a> <a href="#">Citizenship</a>	<a href="#">Citizenship</a> <a href="#">Economic wellbeing</a>	<a href="#">Economic wellbeing</a> <a href="#">Transition lesson: Roles and responsibilities</a>
<b>Year 6</b>	<a href="#">Introductory lesson</a> <a href="#">Family and relationships</a>	<a href="#">Health and wellbeing</a>	<a href="#">Health and wellbeing</a> <a href="#">Safety and the changing body</a>	<a href="#">Safety and the changing body</a> <a href="#">Citizenship</a>	<a href="#">Citizenship</a> <a href="#">Economic wellbeing</a>	<a href="#">Economic wellbeing</a> <a href="#">Identity</a> <a href="#">Transition lesson: Dealing with change</a>