



# Birds Bush Primary School

## PE Curriculum Map



		Autumn A	Autumn B	Spring A	Spring B	Summer A	Summer B	
EYFS	Reception	Children in EYFS at Bird's Bush Primary School will be constantly developing their gross motor and fine motor skills. They will develop their spatial awareness and coordination through games, access to our outdoor environment and during PE lessons. Children will also begin to grow their mastery of the basic movements such as running and jumping through activities such as racing, dancing and other controlled movements.						
KSI	Year 1	Indoor	<u>Dance</u> Mini Beasts	<u>Gym</u> Balancing and spinning on Points & Patches	Net Wall skills 1	Invasion games skills 1	<u>Striking and Fielding</u> Strike and Field skills 1	Athletics
		Outdoor	<u>Fundamental Movement Skills 1</u>	<u>Target games 2</u>	<u>Dance</u> Under the sea	<u>Gym</u> Wide narrow and curled roll and balce	<u>Fundamental Movement Skills 2</u>	<u>Invasion</u>
	Year 2	Indoor	<u>Dance</u> Animals	<u>Gym</u> Stretching Curling and arching	Net and Wall 2	Invasion games skills 2	<u>Striking and fielding</u> Tri golf	Athletics
		Outdoor	<u>Striking and Fielding</u> Strike and Field skills 2	Target games 3	<u>Dance</u> Pirates	<u>Gym</u> Spinning, twisting and turning	Yoga	<u>Fundamental Movement skills 3</u>



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			Autumn A	Autumn B	Spring A	Spring B	Summer A	Summer B
Lower Key Stage 2	Year 3	Indoor	<u>Dance</u> Space	<u>Gym</u> Symmetry and asymmetry (partners)	<u>Net and Wall</u> Tennis	<u>Invasion Games</u> Hockey	<u>Striking and Fielding</u> Rounders	Athletics Health Related Fitness
		Outdoor	<u>Striking and Fielding</u> Football	Health Related Fitness	<u>Dance</u> Egyptians	<u>Gym</u> Linking Movements together	<u>Net and wall</u> Dodge ball	<u>Invasion games</u> Invasion games 3
	Year 4	Indoor	<u>Dance</u> Dance Around the World	<u>Gym</u> Arching and bridges	<u>Net and Wall</u> Dodgeball	<u>Invasion Games</u> Basketbal	<u>Striking and Fielding</u> Cricket	Athletics Health Related Fitness
		Outdoor	<u>Striking and Fielding</u> Rounders	Health Related Fitness	<u>Dance</u> Romans	<u>Gym</u> Pushing and Pulling	<u>Net and wall</u> Badminton	<u>Invasion games</u> Handball



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			Autumn A	Autumn B	Spring A	Spring B	Summer A	Summer B
Upper Key Stage 2	Year 5	Indoor	<u>Dance</u> Victorians Swimming	<u>Gym</u> Partner work- under and Over Swimming	<u>Net and Wall</u> Badminton Swimming	<u>Invasion Games</u> Tag Rugby Swimming	<u>Striking and Fielding</u> Danish Long Ball	Athletics Swimming
		Outdoor	<u>Swimming</u>	<u>Swimming</u>	<u>Swimming</u>	<u>Swimming</u>	<u>Swimming</u>	<u>Outdoor and Adventure Games</u> Team work and problem solving
	Year 6	Indoor	<u>Dance</u> Dance Through The Ages	<u>Gym</u> Counter-balance & counter tension	<u>Net and Wall</u> Volley Ball OAA	<u>Invasion Games</u> Ultimate Frisbee	<u>Striking and Fielding</u> Danish Long Ball	Athletics Swimming
		Outdoor	<u>Outdoor Adventurous Activities</u> Leadership	Health Related Fitness	<u>Dance</u> Haka	<u>Gym</u> Group Sequencing	<u>Net and wall</u> Tennis	<u>Swimming</u>